



# 6 BASIC RULES OF TIDYING UP

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- 1) Commit yourself to tidying up.
- 2) Imagine your ideal lifestyle.
- 3) Finish discarding first.
- 4) Tidy by category, not by location.
- 5) Follow the right order.
- 6) Ask yourself if it sparks joy.

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The KonMari Method™ encourages tidying by category – not by location. Keep only those things that speak to the heart, and discard items that no longer spark joy. Thank them for their service – then let them go.

## 5 KONMARI CATEGORIES

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- 1) Clothing
- 2) Books
- 3) Paper
- 4) Komono (Misc.)
- 5) Sentimental

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